

Beach Run Invitational-Order of Events

EVENT TIMES ARE APPROXAMATE- We will roll up to one hour ahead of schedule.

8:00 AM	Track will open		
8:15 AM	Coaches Meeting at the clerk's tent.		
8:15-8:45 AM	Throwing Equipment Weigh-In at clerk's tent.		
9:00 AM	National Anthem		
9:05 AM	Trials	100m Dash	Girls
9:20 AM	Trials	100m Dash	Boys
9:35 AM	Trials	100m High Hurdles	Girls
9:50 AM	Trials	110m High Hurdles	Boys
10:05 AM	Trials	200m Dash	Girls
10:20 AM	Trials	200m Dash	Boys
11:00 AM	Finals	4x800m Relay	Girls
11:20 AM	Finals	4x800m Relay	Boys
11:40 AM	Finals	100m High Hurdles	Girls
11:50 AM	Finals	110m High Hurdles	Boys
12:00 PM	Finals	100m Dash	Girls
12:10 PM	Finals	100m Dash	Boys
12:20 PM	Finals	4x200m Relay	Boys
12:35 PM	Finals	4x200m Relay	Girls
12:50 PM	Finals	1600m Run	Girls
1:10 PM	Finals	1600m Run	Boys
1:30 PM	Finals	4x100m Relay	Girls
1:45 PM	Finals	4x100m Relay	Boys
2:00 PM	Finals	400m Dash	Girls
2:20 PM	Finals	400m Dash	Boys
2:40 PM	Finals	400m Hurdles	Girls
3:00 PM	Finals	400m Hurdles	Boys
3:20 PM	Finals	800m Run	Girls
3:40 PM	Finals	800m Run	Boys
4:00 PM	Finals	200m Dash	Girls
4:10 PM	Finals	200m Dash	Boys
4:20 PM	Finals	3200m Run	Girls
4:45 PM	Finals	3200m Run	Boys
5:10 PM	Finals	4x400m Relay	Girls
5:20 PM	Finals	4x400m Relay	Boys
9:15 AM	Finals	High Jump	Boys
9:15 AM	Finals	Discus	Girls
9:15 AM	Finals	Shot Put	Boys
9:15 AM	Finals	Long Jump	Girls
9:15 AM	Finals	Triple Jump	Boys
9:15 AM	Finals	Pole Vault	Girls
12:30 PM	Finals	High Jump	Girls
12:30 PM	Finals	Discus	Boys
12:30 PM	Finals	Shot Put	Girls
12:30 PM	Finals	Long Jump	Boys
12:30 PM	Finals	Triple Jump	Girls
12:30 PM	Finals	Pole Vault	Boys
5:30	Final Results Announced		

*****The Hammer Throw (exhibition) will take place following the discus competition.**

*****All "B-Team" relays will run in the heat prior to the "A-Team" relays. "B-Teams" will not score.**